



South African Mens Classic Bench Press Record

Alan de Beer

Sub-Junior

in the 66kg Division

competed on 21 February 2026 in the

SA Classic Bench Press Championships 2026

108kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Alan Ridgard

Master III

in the 93kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

194,5kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Alan Ridgard

Master III

in the 93kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

228kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Alan Ridgard

Master III

in the 93kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

542,5kg Total

Hannie Smith

President





South African Womens Classic Powerlifting Record

Alexa Pentopoulos

Open

in the 52kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

137,5kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Alexa Pentopoulos

Open

in the 52kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

357,5kg Total

Hannie Smith

President





South African Mens Classic Powerlifting Record

Archie Ayekpa

Master I

in the 93kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

158,5kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Bryan Baatjies

Junior

in the 59kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

157,5kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Bryan Baatjies

Junior

in the 59kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

107,5kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Bryan Baatjies

Junior

in the 59kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

207kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Bryan Baatjies

Junior

in the 59kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

472kg Total

Hannie Smith

President





South African Mens Classic Bench Press Record

Bryan Baatjies

Junior

in the 59kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

107,5kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Buyisile Ngubane

Master II

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

120kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Chad Govington

Master I

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

170,5kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Chad Govington

Master I

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

675,5kg Total

Hannie Smith

President





South African Mens Classic Bench Press Record

Chad Govington

Master I

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

170,5kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Charlotte Cronje

Junior

in the 84kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

85kg Bench Press

Hannie Smith

President





South African Womens Classic Bench Press Record

Charlotte Cronje

Junior

in the 84kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

85kg Bench Press

Hannie Smith

President





South African Womens Classic Bench Press Record

Christi Rees

Master I

in the 84+kg Division

competed on 21 February 2026 in the

SA Classic Bench Press Championships 2026

103kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Danielle Waldeck

Open

in the 76kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

180kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Danielle Waldeck

Master I

in the 76kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

180kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Danielle Waldeck

Master I

in the 76kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

85,5kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Danielle Waldeck

Master I

in the 76kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

187kg Deadlift

Hannie Smith

President





South African Womens Classic Powerlifting Record

Danielle Waldeck

Master I

in the 76kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

452,5kg Total

Hannie Smith

President





South African Womens Classic Bench Press Record

Danielle Waldeck

Master I

in the 76kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

85,5kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Darius Sangari

Open

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

173,5kg Bench Press

Hannie Smith

President





South African Mens Classic Bench Press Record

Darius Sangari

Open

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

173,5kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Dean Coleman

Master I

in the 93kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

282,5kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Denis Bensch

Master III

in the 120+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

235,5kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Gabriel Chiremba

Sub-Junior

in the 53kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

87kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Gabriel Chiremba

Sub-Junior

in the 53kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

190kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Gabriel Chiremba

Sub-Junior

in the 53kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

392,5kg Total

Hannie Smith

President





South African Mens Classic Powerlifting Record

Gabriel Chiremba

Junior

in the 53kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

190kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Gabriel Chiremba

Junior

in the 53kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

392,5kg Total

Hannie Smith

President





South African Mens Classic Bench Press Record

Gabriel Chiremba

Sub-Junior

in the 53kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

87kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Geordie Goliath

Open

in the 66kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

215,5kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Geordie Goliath

Open

in the 66kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

575,5kg Total

Hannie Smith

President





South African Mens Classic Powerlifting Record

Gian Havemann

Open

in the 93kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

280kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Gian Havemann

Open

in the 93kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

760kg Total

Hannie Smith

President





South African Womens Classic Powerlifting Record

Gila Smith

Sub-Junior

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

90kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Gila Smith

Sub-Junior

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

375kg Total

Hannie Smith

President





South African Womens Classic Bench Press Record

Gila Smith

Sub-Junior

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

90kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Hermanus de Beer

Master II

in the 120+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

287,5kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Hermanus de Beer

Master II

in the 120+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

652,5kg Total

Hannie Smith

President





South African Mens Classic Powerlifting Record

Ian Hacker

Master III

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

547,5kg Total

Hannie Smith

President



Affiliated to



South African Mens Classic Powerlifting Record

Jean-Michael Muldner

Open

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

258kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Joanne Cooper

Master III

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

65kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Joanne Cooper

Master III

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

95kg Deadlift

Hannie Smith

President





South African Womens Classic Powerlifting Record

Joanne Cooper

Master III

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

197,5kg Total

Hannie Smith

President





South African Mens Classic Powerlifting Record

Joshua Jantjies

Junior

in the 66kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

202,5kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Joshua Jantjies

Junior

in the 66kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

142,5kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Joshua Jantjies

Junior

in the 66kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

565kg Total

Hannie Smith

President





South African Mens Classic Bench Press Record

Joshua Jantjies

Junior

in the 66kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

142,5kg Bench Press

Hannie Smith

President





South African Womens Classic Bench Press Record

Linda Rubin

Master III

in the 76kg Division

competed on 21 February 2026 in the

SA Classic Bench Press Championships 2026

43kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Linda Rubin

Master III

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

43,5kg Bench Press

Hannie Smith

President





South African Womens Classic Bench Press Record

Linda Rubin

Master III

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

43,5kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Lisa Stander

Junior

in the 76kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

160kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Megan Wright

Open

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

227,5kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Megan Wright

Open

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

565kg Total

Hannie Smith

President





South African Womens Classic Powerlifting Record

Mijuane de Wet

Junior

in the 63kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

170kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Mijuane de Wet

Junior

in the 63kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

76kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Mijuane de Wet

Junior

in the 63kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

180kg Deadlift

Hannie Smith

President





South African Womens Classic Powerlifting Record

Mijuane de Wet

Junior

in the 63kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

426kg Total

Hannie Smith

President





South African Womens Classic Powerlifting Record

Mijuane de Wet

Open

in the 63kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

170kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Mijuane de Wet

Open

in the 63kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

426kg Total

Hannie Smith

President





South African Womens Classic Bench Press Record

Mijuane de Wet

Junior

in the 63kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

76kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Neal Goosen

Junior

in the 120+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

271kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Neal Goosen

Junior

in the 120+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

728,5kg Total

Hannie Smith

President





South African Womens Classic Powerlifting Record

Nicole Coopoosamy

Open

in the 84kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

217,5kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Nicole Coopoosamy

Open

in the 84kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

550kg Total

Hannie Smith

President





South African Mens Classic Powerlifting Record

Piers Mason

Sub-Junior

in the 74kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

198kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Piers Mason

Sub-Junior

in the 74kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

250kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Rehaan Mahomed

Sub-Junior

in the 59kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

140kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Ryan Sutton

Junior

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

285,5kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Samali Bosa

Master III

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

57,5kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Samali Bosa

Master III

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

120kg Deadlift

Hannie Smith

President





South African Womens Classic Powerlifting Record

Samali Bosa

Master III

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

252,5kg Total

Hannie Smith

President





South African Womens Classic Bench Press Record

Samali Bosa

Master III

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

57,5kg Bench Press

Hannie Smith

President





South African Womens Classic Powerlifting Record

Sasha Gadney

Open

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

175kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Sean Manders

Master II

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

295kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Sean Manders

Master II

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

170kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Sean Manders

Master II

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

315kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Sean Manders

Master II

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

780kg Total

Hannie Smith

President





South African Mens Classic Powerlifting Record

Sean Manders

Master I

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

780kg Total

Hannie Smith

President





South African Womens Classic Powerlifting Record

Sihle Madondo

Open

in the 84+kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

235kg Deadlift

Hannie Smith

President





South African Womens Classic Powerlifting Record

Sorah Garber

Master I

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

95,5kg Bench Press

Hannie Smith

President





South African Womens Classic Bench Press Record

Sorah Garber

Master I

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

95,5kg Bench Press

Hannie Smith

President





South African Mens Classic Powerlifting Record

Stiaan du Preez

Open

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

325kg Squat

Hannie Smith

President





South African Mens Classic Powerlifting Record

Stiaan du Preez

Open

in the 105kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

845kg Total

Hannie Smith

President





South African Womens Classic Powerlifting Record

Summer Becker

Sub-Junior

in the 69kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

155kg Deadlift

Hannie Smith

President





South African Mens Classic Powerlifting Record

Thembani Ndlovu

Junior

in the 83kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

245kg Squat

Hannie Smith

President





South African Womens Classic Powerlifting Record

Vanessa Schlebusch

Master II

in the 52kg Division

competed on 22 March 2026 in the

SA Classic Powerlifting Championships 2026

49kg Bench Press

Hannie Smith

President

